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**WEBSITE** [www.esparsa.com.au](http://www.esparsa.com.au)

**BOOKINGS** By Appointment only

SERVICES MENU

## SOUL to SOLE

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### REVIVE *1hr \$159*

A Tailored pressure point foot massage targeting and relieving tension within your body. Partnered with a classically styled facial ideal for encouraging and maintaining optimal skin health. Your skin will be refreshed with a double cleanse, pre-steam exfoliation, nutrient rich mask, a facial massage to increase circulation and encourage cell rejuvenation.

### SURRENDER *2hrs \$239*

A classically styled facial ideal for encouraging and maintaining optimal skin health. Your skin will be refreshed with a double cleanse, pre-steam exfoliation, nutrient rich mask, a facial massage to increase circulation and encourage cell rejuvenation, partnered with our signature massage that is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

### REJUVENATE *2.5hrs \$279*

Our classically styled facial partnered with our signature massage, with the added benefits of heated basalt stones, that help expand blood vessels, draw blood flow through the body to rid it of waste, reduce inflammation and ease muscular tension.

### IMMERSE *2.5hrs \$399*

Our classically styled facial partnered with our signature massage, combined with one of our bespoke body scrubs and wraps. That are designed to improve the texture and appearance of the skin, by helping rid the body of excess fluids and toxins, helping the body by detoxifying and boosting the lymphatic and metabolism systems.

### SOLE TO SOUL *2hrs 45mins \$439*

The ultimate sole to soul treatment, our classically styled facial, bespoke body scrub and wrap, signature massage with added hot stones.

## TRANQUILITY

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### BLISS *2hrs \$259*

The ultimate radiance facial is designed to refresh dehydrated, dull, and uneven skin complexions. Using a specialised Gua-Sha facial stone that is designed to maximize blood flow, increase circulation, lymphatic drainage, and acupressure facial massage along with our signature massage that is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

### PURE HARMONY *2hrs \$299*

The ultimate radiance facial, our signature massage with the added benefits of heated basalt stones that help expand blood vessels, draw blood through the body to rid it of waste, reducing inflammation and ease muscular tension.

### SERENITY *2.5hrs \$419*

The ultimate radiance, partnered with our signature massage, combined with one of our bespoke body scrubs and wraps. That are designed to improve the texture and appearance of the skin, by helping rid the body of excess fluids and toxins, helping the body by detoxifying and boosting the lymphatic and metabolism system.

### TRANQUILITY *2hrs 45mins \$459*

The ultimate Tranquillity treatment, with our Gua-Sha Radiance facial, bespoke body scrub and wrap, our signature massage with added hot stones.

## FOR HIM

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### THE RUGGED MAN *2hrs \$269*

A facial designed to eliminate your skin of any toxins, providing a deep clean using tailored active ingredients to suit your skins needs, along with a deep tissue massage that is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

### THE BOSS MAN *2hrs \$249*

A facial that is designed to eliminate your skin of any toxins, providing a deep clean using tailored active ingredients to suit your skins needs, along with our signature massage is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

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## FOR COUPLES

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### COUPLES ENCOUNTER *2hrs \$519*

This bespoke treatment is designed to stimulate collagen and elastin production cell turnover, this facial is serum rich using peptides, antioxidants to combat the sign of sun damage and the signs of aging, alongside our signature massage that is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

### THE ULTIMATE DUO *2hrs \$539*

Our ultimate facial that is designed to tone, tighten the skin, with a unique approach that incorporate lymphatic drainage techniques, the utilization of acupressure facial massage points along with our signature massage, that is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

### MUMMY & ME *2hrs \$479*

Our classically styled facial ideal for encouraging and maintaining optimal skin health. Your skin will be refreshed with a deep double cleanse, pre-steam exfoliation, nutrient rich mask. Facial massage to increase circulation and encourage cell rejuvenation. Alongside our signature massage that is tailored to what you need the most, this full body of massage is designed to relieve the body of built-up tension, soothe and de-stress and restore energy flow.

## FACIALS

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### BRIGHTENING BOOSTER FACIAL *1hr \$159*

Our classically styled facial ideal for encouraging and maintaining optimal skin health. Your skin will be refreshed with a deep double cleanse, pre-steam exfoliation, nutrient rich mask. Facial massage to increase circulation and encourage cell rejuvenation.

### RELIEVE AND DETOX *1hr \$169*

Our beautifully designed facial to eliminate your skin of any toxins, providing a deep clean using tailored active ingredients to suit your skin.

### AGE DEFYING FACIAL *1hr \$189*

A bespoke facial is designed to stimulate collagen and elastin production cell turnover, this facial is serum rich using peptides, antioxidants to combat the sign of sun damage and the signs of aging.

### GUA-SHA SIGNATURE FACIAL *1hr \$209*

Our radiance boosting facial is designed to refresh dehydrated, dull, and uneven skin complexions. Using a specialised Gua-Sha facial stone that is designed to maximize blood flow increase circulation, lymphatic drainage, and acupressure facial massage.

### CONTOURING AND FIRMING FACIAL

#### *1hr 30mins \$269*

Our ultimate facial that is designed to tone, tighten the skin, with a unique approach that incorporate lymphatic drainage techniques, the utilization of acupressure facial massage points.

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*Upgrade to an Aromatherapy Massage \$20*

*Customizable packages are available,  
please speak to the manager.*